

Stanley Hupfeld Academy

October 2022

Breakfast



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pancakes Or Cereal Toast Applesauce Juice Milk	4 Toast Scrambled Eggs Or Cereal Toast Fruit Juice	5 Biscuit and Gravy Or Cereal Toast Peaches Juice Milk	6 Breakfast Burrito Or Cereal Toast Fresh Apple Juice Milk	7 Cinnamon Roll Or Cereal Toast Oranges Juice Milk
10 No School	11 No School	12 No School	13 No School	14 No School
17 Waffles Or Cereal Toast Applesauce Juice Milk	18 Cinnamon Toast Yogurt Or Cereal Toast Fruit Juice Milk	19 Biscuit and Gravy Or Cereal Toast Peaches Juice Milk	21 Breakfast Calzone Or Cereal Toast Fresh Apple Juice Milk	22 Cinnamon Roll Or Cereal Toast Oranges Juice Milk
24 Apple Cinnamon Oatmeal Sausage Patty Or Cereal Toast Applesauce Juice/Milk	25 Toast Scrambled Eggs Or Cereal Toast Fruit Juice Milk	26 Biscuit and Gravy Or Cereal Toast Peaches Juice Milk	27 Breakfast Burrito Or Cereal Toast Fresh Apple Juice Milk	28 Donut Or Cereal Toast Oranges Juice Milk
31 Pancakes Or Cereal Toast Applesauce Juice Milk				

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Lunch



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pizza Pasta Garlic Knot Green Beans Side Salad Fruit Milk	4 Beef Nacho Bar Chili Beans Fruit Milk	5 Hot Dog French Fries Side Salad Fruit Milk	6 Chicken Spaghetti Garlic Knot Italian Salad Baby Carrots Fruit Milk	7 BBQ Pulled Pork Sandwich Baby Carrots Coleslaw Fruit Milk
10 NO SCHOOL	11 NO SCHOOL	12 NO SCHOOL	13 NO SCHOOL	14 NO SCHOOL
17 Corn Dog Seasoned Potatoes Side Salad Fruit Milk	18* Grilled Cheese Sandwich Ruffles Green Beans Side Salad Fruit Milk	19 Pork Loin Dinner Roll Green Beans Side Salad Fruit Milk	20* Beef Quesadilla Mexican Salad Baby Carrots Fruit Milk	21 Breaded Chicken Sandwich Baked Beans Coleslaw Fruit Milk
24* Spaghetti Breadstick Green beans Side Salad Fruit Milk	25* Beef Taco Chili Beans Chips & Salsa Fruit Milk	26* Cheeseburger Garden Salad Baby Carrots Fruit Milk	27* Pulled Pork Loaded Mashed Potato Dinner Roll Side Salad Fruit Milk	28 Pizza Bar Baby Carrots Cucumber Slices Ranch dressing Fruit Milk
31 Biscuits & Gravy Sausage Patty Scrambled Eggs Breakfast Potatoes Baby Carrots Fruit Milk	1	2	3	4